



Our Lady Help of Christians & St Helens

Sunday 4th November 2018

Parish Priest: Fr Alex Poblador rcj
27 Milton Rd, Westcliff-on-sea, SS0 7JP.

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Website: www.shwos.co.uk (Newsletters are on the website)

<https://www.facebook.com/sthelenschurchwestcliff>

Newsletter & Hall Bookings: westcliff@dioceseofbrentwood.org

Thirty-first Sunday of Ordinary Time Year B

Gospel reading: *Mark 12: 28-34*

Other Readings: Deuteronomy, Hebrews 7: 23-28

Responsorial Psalm (Psalm 17): *I Love you, Lord, my strength.*

Gospel Reflection by Fr. Alex

Over the centuries the Ten commandments have been multiplied by hundreds if not to thousands maybe. The scribe's question as to which amongst them are the most important ones that are valid even nowadays.

The Gospel this Sunday reminds us that there are two most important laws which we need to obey; LOVE of God and LOVE of neighbours. One cannot exist without the other. Both must be present.

Many of us have difficulties reconciling both. The other hand is easy while the other is difficult. For instance, I may perfect my church obligations to go to mass each Sunday, praying hours after hours, attending religious meetings etc. But when I'm ask to forgive my neighbour who lives just next to my flat who annoys me very often I refuse because I hate him so much in that way I don't apply this law at all. Thus, LOVE of God without LOVE of neighbours or vice versa is meaningless.

Jesus always recommends that we should try to apply them in our daily life even how difficult seems to be. Considering the impact of both in our Christian life. As a result, we will feel better and spiritually enrich with serenity and joy if we just only try it. Furthermore, this golden rule, can be seen in the crucifix in which Jesus died, it bares two dimensions; the Vertical which represents his love towards his Father and the Horizontal his love towards his neighbours.

Lastly, in our journey in faith, let us remember always that when we Love, it should not only be in one direction "Me and God" rather, a dynamic movement between the three; God, Me and neighbour and taken as one will help us become a good or even better follower of Christ. For outside of this triangle our spiritual pursuit of holiness will always incomplete and un true. AMEN.

Send O Lord, Holy Apostles into your Church!

Mass Times & Intentions – Year B

Sunday 4th November – Thirty-first Sunday in Ordinary Time

9.30am Wilfred Reynolds RIP

11.15am Parish Community

6pm John & Colette McGarvey - *Anniversary*

Monday 5th November

9.15am Pablo Poblador RIP

Tuesday 6th November

9.15am Narciso Sinco RIP

Wednesday 7th November

9.15am Anna & Kazimierz Mizera

Thursday 8th November

9.15am Souls in Purgatory

Friday 9th November – *Dedication of The Lateran Basilica*

9.15am All Deceased Soldiers

2-4pm *Holy Hour/Devine Mercy in the Adoration Chapel*

Saturday 10th November – *St Leo the Great*

10.30am Fr Tom Coffey

11am Confessions & Exposition

6pm Polish Mass

Sunday 11th November – Thirty-Second Sunday in Ordinary Time

Remembrance Day

9.30am Jerzy (George) Wislocki RIP

11.15am Fr Eric Raveza, RCJ

6pm People of the Parish

*Please pray for the sick of the parish especially:
Maria Davis, George Kennedy & Maria Kotouckova*

Sunday Masses

*The Praying of Rosary Must start 30 minutes
before each Sunday Mass*

Morning Prayer 8.30am Monday to Thursday

*All are welcome to join for morning prayer
and a decade of the Rosary before Mass*

Any Mass Intentions, either see Fr Alex after Mass or
during office hours westcliff@dioceseofbrentwood.org
or 01702 342324

Mass Intention Envelopes – at the back of the church

November is dedicated to The Holy Souls

**Envelopes for the Holy
Souls can be found at the
back of the church.**

Thank you

**Please see Fr Alex with any
parish enquires email
alex@shwos.co.uk rather
than the parish office!**

Thank you

St Helen's Parish Notices

PARISH DIARY

Monday 5th November

6.45pm – 8pm – Confirmation Group

7pm – 8.30pm — Legion of Mary
(Meet in church)

Tuesday 6th November

7-30pm — 9pm – Adoration in the Chapel
Every Tuesday Evening - silent adoration
30 minutes followed by Rosary and prayers

Wednesday 7th November

10.30am – 12noon –
Women's Bible Group -

in the Sacristy (For More information
contact Nicola Nevin on 07740 287042)

7pm – 8.30pm - The RCIA Programme

Thursday 8th November

11am — 1pm Every Thursday -

Pro-life prayer group - In The Adoration
Chapel please join us for prayers for babies
in danger of abortion and their families or
alternatively for our street prayers in front
of the clinic

Friday 9th November

2-4pm – Every Friday
*Holy Hour/Devine Mercy
in the Adoration Chapel*

First Holy Communion 2019

Registration packs are available at
the back of the church.

*Please note to commence the course
children must have been baptised
and currently be in school year 3
or above.*

Dates for First Holy Communion are:
Saturday 11th May 2019 &
Saturday 18th May 2019

Going Forth Mass 9.30am –
26th May 2019

**Please return registration
forms by Sunday
2nd December 2018**

Lourdes Pilgrimage –

Monday May 27th –

Friday 31st 2019 (children's half
term). Travelling by air from

Southend-On-Sea Airport and staying
at the 4* Hotel Grand Moderne full
board. Please think and pray if You
are being called by our Lady to visit
the special shrine in Lourdes.

Adults £545, Children under 12

(£420) For details contact

Sue Baillie 07979746707

Operation Christmas Child Shoebbox Appeal

As in previous years, the Catholic Woman's
League will have leaflets and the official
shoe boxes ready for you to fill (for 40p)
from Sunday 4th November, or you can
cover your own shoebox. Please return
them to the back of the church once filled.
The last collection date is **November 18th**.
A list of suitable items to include is on the
notice board at the back of the church. In
November 2017 we sent 60 boxes. Can we
beat this? **Start collecting your items now.**

Church Cleaning Every Friday – 10am

If you can help clean church on
Friday Mornings from 10am, please
contact Helen Wallace on 07753 329934 as
she is arranging a Rota.

Parish Collections:

Sunday 28th October 2018

Giftaid: £508 Loose plate: £470

Total: £978

St Helen's Catholic Church Building & Restoration Fund

The cumulative position since the relaunch is that
£4,792 (including gift aid tax relief) has been
collected against a target of £8,000.

**We can only maintain St Helen's with your help,
the Collection box is at the back of church.**

Thank you, Fr Alex & Parish Finance Team

**Church Shop Opening times
Monday to Thursday: 10am - 12pm**

Afternoons: 3-30 pm - 4-30 pm

Saturday: 11am - 1pm

Sunday: after all Masses

Brentwood Diocesan Notices

Wednesday 7th November 2018 – St Bernard's High School – Open Evening for Prospective Year 12

Prospective students who are interested in joining St Bernard's High School mixed Sixth Form in September 2019. We welcome applications to our mixed Sixth Form from students, of all faiths and none, who meet our entrance requirements and are seeking a school with a Christian ethos.

www.stbernardswestcliff.org.uk

St Bernard's High School. Tel: 01702 343583
Milton Road, Westcliff-on-Sea, Essex SS0 7JS

Thursday 22nd November 2018 – St Thomas More High School – Sixth Form Open Evening 6pm – 9pm

For families who have students – boys and girls - in year 11 of secondary school who are intending to begin sixth form studies in September 2019. Come and visit the school and meet the staff and current sixth form students. There will be tours of the sixth form building and the rest of the school. Telephone 01702 344933

www.st-thomsmore.southend.sch.uk

Saturday 10th November 2018 – The Good Counsel Network annual Pro-Life fundraising Ball

A night of fun, food and dancing! The evening starts at 6pm at The Palace Suite, The Royal Garden Hotel, 2-24 Kensington High Street, London, W8 4PT. Tickets: £95 per person. Tables of 10 cost £900. To book tickets, please email

GCNBALL@GMAIL.COM or call

07886000882 please mention any dietary requirements. Dress code is BLACK TIE.'

Thursday 29th November at 6pm - Walsingham House at Abbotswick – service to commemorate loved ones in the month of November.

Those with relatives and friends commemorated at Abbotswick are warmly invited to a service of prayer. The names of those remembered will be read out during the service, which will include hymns and scripture readings and will be followed by tea and cakes. Please email frdominic@dioceseofbrentwood.org or call Fr Dominic on 01277 373959 for more information otherwise, simply turn up on the evening.

Autumn Spirituality Talks @ Cathedral House,

*Ingrave Road, Brentwood CM15 8AT
10.30am 12 Noon*

Saturday 17th November 2018

“Life and healing:

Spirituality of the Sacraments.”

Speaker: Mgr David Manson.

Saturday 1st December 2018

“Advent Spirituality.”

Speaker: Bishop Alan Williams, sm.

For further details contact:

jude@dioceseofbrentwood.org

Tel. 01277 265285

Saturday 1st December 2018 - Healing Service at English Martyrs, Hornchurch

If you are feeling stressed, anxious, emotionally/psychologically broken or generally struggling with life, you are warmly invited to attend the English Martyrs' Healing Service from 6-8pm for emotional, psychological and spiritual healing.

To register your attendance please email HealingService@English-Martyrs.com or contact Mandy on 07801 470516.

English Martyrs Catholic Church,
240 Alma Ave, Hornchurch RM12 6BJ.